

# THE JERUSALEM MASS SHEET

20th SUNDAY IN ORDINARY TIME (B)

18th August 2024

## THE INTRODUCTORY RITES

Entrance Antiphon or a hymn *Stand*  
Ps 83:10-11

**Turn your eyes, O God, our shield;  
and look on the face of your anointed one;  
one day within your courts  
is better than a thousand elsewhere.**

*All make the Sign of the Cross as the Priest says:*  
In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

*The Priest greets everyone present.*  
*The people respond:* **And with your spirit.**  
*The Mass of the day may be introduced.*

## Penitential Act

*The Priest invites the people to repentance  
using one of the Penitential Acts.*

You were sent to heal the contrite of heart:  
Lord, have mercy. *Or: Kyrie, eleison.*  
**Lord, have mercy. Or: Kyrie, eleison.**

You came to call sinners:  
Christ, have mercy. *Or: Christe, eleison.*  
**Christ, have mercy. Or: Christe, eleison.**

You are seated at the right hand of the Father  
to intercede for us:  
Lord, have mercy. *Or: Kyrie, eleison.*  
**Lord, have mercy. Or: Kyrie, eleison.**  
*The Priest says the absolution. All reply: Amen.*

## The Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,**

**Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## The Collect

O God, who have prepared for those who  
love you  
good things which no eye can see,  
fill our hearts, we pray, with the warmth of  
your love,  
so that, loving you in all things and above  
all things,  
we may attain your promises,  
which surpass every human desire.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity  
of the Holy Spirit,  
God, for ever and ever.  
**Amen.**

*Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the book of Proverbs 9:1-6

Wisdom has built herself a house,  
she has erected her seven pillars,  
she has slaughtered her beasts,  
prepared her wine,  
she has laid her table.  
She has despatched her maidservants  
and proclaimed from the city's heights:  
'Who is ignorant? Let him step this way.'  
To the fool she says,  
'Come and eat my bread,  
drink the wine I have prepared!  
Leave your folly and you will live,  
walk in the ways of perception.'

The word of the Lord.  
**Thanks be to God.**

### Psalm

Ps 33:2-3.10-15.R.v9

### R) Taste and see that the Lord is good.

I will bless the Lord at all times,  
his praise always on my lips;  
in the Lord my soul shall make its boast.  
The humble shall hear and be glad. **(R)**

Revere the Lord, you his saints.  
They lack nothing, those who revere him.  
Strong lions suffer want and go hungry  
but those who seek the Lord lack  
no blessing. **(R)**

Come, children, and hear me  
that I may teach you the fear of the Lord.  
Who is he who longs for life  
and many days, to enjoy his prosperity? **(R)**

Then keep your tongue from evil  
and your lips from speaking deceit.  
Turn aside from evil and do good;  
seek and strive after peace. **(R)**

**R) Taste and see that the Lord is good.**

### Second Reading

A reading from the letter of St Paul  
to the Ephesians 5:15-20

Be very careful about the sort of lives you lead,  
like intelligent and not like senseless people.  
This may be a wicked age, but your lives should  
redeem it. And do not be thoughtless but recog-  
nise what is the will of the Lord. Do not drug your-  
selves with wine, this is simply dissipation; be  
filled with the Spirit. Sing the words and tunes of  
the psalms and hymns when you are together,  
and go on singing and chanting to the Lord in  
your hearts, so that always and everywhere you  
are giving thanks to God who is our Father in the  
name of our Lord Jesus Christ.

The word of the Lord.  
**Thanks be to God.**

**Gospel Acclamation** Stand

**Alleluia, alleluia!** Jn 6:56  
**He who eats my flesh and drinks my blood  
lives in me, and I live in him,  
says the Lord.  
Alleluia!**

**Gospel** John 6:51-58

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to John.  
**Glory to you, O Lord.**

Jesus said to the crowd:

I am the living bread which has come down  
from heaven.  
Anyone who eats this bread will live for ever;  
and the bread that I shall give  
is my flesh, for the life of the world.'

Then the Jews started arguing with one another:  
'How can this man give us his flesh to eat?' they  
said. Jesus replied:

'I tell you most solemnly,  
if you do not eat the flesh of the Son of Man  
and drink his blood,  
you will not have life in you.  
Anyone who does eat my flesh and  
drink my blood  
has eternal life,  
and I shall raise him up on the last day.  
For my flesh is real food  
and my blood is real drink.  
He who eats my flesh and drinks my blood  
lives in me  
and I live in him.

As I, who am sent by the living Father,  
myself draw life from the Father,  
so whoever eats me will draw life from me.  
This is the bread come down from heaven;  
not like the bread our ancestors ate:  
they are dead,  
but anyone who eats this bread will live  
for ever.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**The Homily** Sit

**The Nicene Creed** Stand

**I believe in one God,  
the Father almighty,  
maker of heaven and earth,  
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,  
the Only Begotten Son of God,  
born of the Father before all ages.  
God from God, Light from Light,  
true God from true God,  
begotten, not made,**

**consubstantial with the Father;  
through him all things were made.  
For us men and for our salvation**

**he came down from heaven,  
and by the Holy Spirit** All bow  
**was incarnate of the Virgin Mary,  
and became man.**

**For our sake he was crucified under  
Pontius Pilate,  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory  
to judge the living and the dead  
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the  
giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son is adored  
and glorified,  
who has spoken through the prophets.**

**I believe in one, holy, catholic and  
apostolic Church.  
I confess one Baptism for the forgiveness  
of sins  
and I look forward to the resurrection of  
the dead  
and the life of the world to come. Amen.**

**The Prayer of the Faithful**

*Response example:* 'Lord, in your mercy.  
**Hear our prayer.**

*After the concluding prayer all say:* **Amen.** Sit

## THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.  
A hymn may be sung.  
If the Priest says the two prayers of offering  
aloud, the response both times is:*

**Blessed be God for ever.**

*The Priest completes additional personal  
preparatory rites, and the people rise as he says:*

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*

**May the Lord accept the sacrifice  
at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### Prayer over the Offerings

Receive our oblation, O Lord,  
by which is brought about a glorious exchange,  
that, by offering what you have given,  
we may merit to receive your very self.  
Through Christ our Lord.  
**Amen.**

### The Eucharistic Prayer

The Lord be with you.  
**And with your spirit.**

Lift up your hearts.  
**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

### Preface IV of the Sundays in Ordinary Time

The history of salvation  
*(The Priest may use a different Preface.)*

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For by his birth he brought renewal  
to humanity's fallen state,  
and by his suffering cancelled out our sins;  
by his rising from the dead  
he has opened the way to eternal life,  
and by ascending to you, O Father,  
he has unlocked the gates of heaven.

And so, with the company of Angels and Saints,  
we sing the hymn of your praise,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name  
of the Lord.  
Hosanna in the highest.**

*Kneel*

### Eucharistic Prayer II

*(The Priest may use a different Eucharistic Prayer.)*

You are indeed Holy, O Lord,  
the fount of all holiness.  
Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them  
like the dewfall,  
so that they may become for us  
the Body and  $\times$  Blood of our Lord, Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

*The people continue, acclaiming:*  
**Save us, Saviour of the world,  
for by your Cross and Resurrection  
you have set us free.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.

Humbly we pray  
that, partaking of the Body and Blood of Christ,  
we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with N. our Pope and N. our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep in the hope of  
the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.  
Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you  
throughout the ages,  
we may merit to be coheirs to eternal life,  
and may praise and glorify you

through your Son, Jesus Christ.  
Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim:* **Amen.**

### **The Communion Rite**

*Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever.  
**Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.  
*All then make an appropriate sign of peace.*

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
have mercy on us.  
Lamb of God, you take away the sins of the world,  
grant us peace.**

*Kneel*

*The Priest shows the host to the people and says:*  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the  
Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:*

The Body [Blood] of Christ.

*Each communicant answers:* **Amen.**

### **Communion Antiphon**

Jn 6:51-52

**I am the living bread that came down from  
heaven, says the Lord.  
Whoever eats of this bread will live for ever.**

### **Prayer after Communion**

*Stand*

Made partakers of Christ through  
these Sacraments,  
we humbly implore your mercy, Lord,  
that, conformed to his image on earth,  
we may merit also to be his coheirs in heaven.  
Who lives and reigns for ever and ever.  
**Amen.**

## **THE CONCLUDING RITES**

*Announcements may be made.*

*Then:*

*Priest:* The Lord be with you.  
*All:* **And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*  
Go and announce the Gospel of the Lord. *Or:*  
Go in peace, glorifying the Lord by your life. *Or:*  
Go in peace.

**Thanks be to God.**



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