

THE CATHOLIC MASS SHEET

ENGLISH STANDARD VERSION

7th Sunday in Ordinary Time (C)

23rd February 2025

THE INTRODUCTORY RITES

Entrance Antiphon or a hymn *Stand*

**O Lord, I trust in your merciful love. Ps 12: 6
My heart will rejoice in your salvation.
I will sing to the Lord who has been bountiful
with me.**

All make the Sign of the Cross as the Priest says:
In the name of the Father, and of the Son,
and of the Holy Spirit. **Amen.**

*The Priest greets everyone present.
The people respond: **And with your spirit.**
The Mass of the day may be introduced.*

Penitential Act

*The Priest invites the people to repentance
using one of the Penitential Acts.*

Have mercy on us, O Lord.
For we have sinned against you.

Show us, O Lord, your mercy.
And grant us your salvation.

*The Priest says the absolution. All reply: **Amen.***

Lord, have mercy. **Lord, have mercy.**
Christ, have mercy. **Christ, have mercy.**
Lord, have mercy. **Lord, have mercy.**

Gloria

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;
you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen.**

Collect

Grant, we pray, almighty God,
that, always pondering spiritual things,
we may carry out in both word and deed
that which is pleasing to you.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the
Holy Spirit,
God, for ever and ever.

Amen.

Sit

THE LITURGY OF THE WORD

First Reading

A reading from the First Book of Samuel.

1 Samuel 26:2, 7-9, 12-13, 22-23

In those days: Saul arose and went down to
the wilderness of Ziph with three thousand
chosen men of Israel to seek David in the
wilderness of Ziph.

David and Abishai went to the army by night.
And there lay Saul sleeping within the
encampment, with his spear stuck in the
ground at his head, and Abner and the army
lay round him. Then Abishai said to David,
'God has given your enemy into your hand this
day. Now please let me pin him to the earth
with one stroke of the spear, and I will not
strike him twice.' But David said to Abishai, 'Do
not destroy him, for who can put out his hand
against the LORD's anointed and be guiltless?'
So David took the spear and the jar of water
from Saul's head, and they went away. No
man saw it or knew it, nor did any awake, for
they were all asleep, because a deep sleep
from the LORD had fallen upon them.

Then David went over to the other side and
stood far off on the top of the hill, with a great
space between them. David said, 'Here is the
spear, O king! Let one of the young men come
over and take it. The LORD rewards every man
for his righteousness and his faithfulness, for the
LORD gave you into my hand today, and I would
not put out my hand against the Lord's anointed.'

The word of the Lord.

Thanks be to God.

Psalm

Psalm 103(102):1-2. 3-4. 8, 10. 12-13. R.8a

R. The LORD is compassionate and gracious.

Bless the LORD, O my soul,
and all within me, his holy name.

Bless the LORD, O my soul,
and never forget all his benefits. **R.**

It is the Lord who forgives all your sins,
who heals every one of your ills,
who redeems your life from the grave,
who crowns you with mercy and compassion. **R.**

The LORD is compassionate and gracious,
slow to anger and rich in mercy.
He does not treat us according to our sins,
nor repay us according to our faults. **R.**

As far as the east is from the west,
so far from us does he remove our transgressions.
As a father has compassion on his children,
the LORD's compassion is on those who fear him. **R.**

Second Reading

A reading from the First Letter of Saint Paul
to the Corinthians. 1 Corinthians 15:45-49

Brothers and sisters: 'The first man Adam became a living being'; the last Adam became a life-giving spirit. But it is not the spiritual that is first but the natural, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so also are those who are of the dust, and as is the man of heaven, so also are those who are of heaven. Just as we have borne the image of the man of dust, we shall also bear the image of the man of heaven.

The word of the Lord.

Thanks be to God.

Acclamation before the Gospel *Stand*
Alleluia, alleluia. John 13:34

**A new commandment I give to you, says the Lord,
that you love one another, just as I have
loved you.**

Alleluia.

Gospel Luke 6:27-38

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Luke.

Glory to you, O Lord.

At that time: Jesus said to his disciples, 'I say to you who hear: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. To one who strikes you on the cheek, offer the other also; and from one who takes away your

cloak do not withhold your tunic either. Give to everyone who begs from you; and from one who takes away your goods, do not demand them back. And as you wish that others would do to you, do so to them.

'If you love those who love you, what benefit is that to you? For even sinners love those who love them. And if you do good to those who do good to you, what benefit is that to you? For even sinners do the same. And if you lend to those from whom you expect to receive, what credit is that to you? Even sinners lend to sinners, to get back the same amount. But love your enemies, and do good, and lend, expecting nothing in return, and your reward will be great, and you will be sons of the Most High, for he is kind to the ungrateful and the evil.

'Be merciful, even as your Father is merciful. Judge not, and you will not be judged; condemn not, and you will not be condemned; forgive, and you will be forgiven. Give, and it will be given to you; good measure, pressed down, shaken together, running over, will be put into your lap. For with the measure you use it will be measured back to you.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

Homily

Sit

The Nicene Creed

Stand

**I believe in one God,
the Father almighty,
maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,
and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.**

All bow

**For our sake he was crucified under
Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.**

He will come again in glory
to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord,
the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored
and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and
apostolic Church.
I confess one Baptism for the forgiveness
of sins
and I look forward to the resurrection
of the dead
and the life of the world to come. Amen.

Or:

The Apostles' Creed
I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God
the Father almighty;
from there he will come to judge the
living and the dead.

All bow

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting. Amen.

Prayer of the Faithful

Response example: Lord, in your mercy.
Hear our prayer.

After the concluding prayer all say: Amen. Sit

THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.
A hymn may be sung. If the Priest says the two
prayers of offering aloud, the response both
times is:*

Blessed be God for ever.

*The people rise as the Priest says:
Pray, brethren (brothers and sisters),
that my sacrifice and yours
may be acceptable to God,
the almighty Father.*

The people reply:

May the Lord accept the sacrifice
at your hands
for the praise and glory of his name,
for our good
and the good of all his holy Church.

Prayer over the Offerings

As we celebrate your mysteries, O Lord,
with the observance that is your due,
we humbly ask you,
that what we offer to the honour of your majesty
may profit us for salvation.
Through Christ our Lord.
Amen.

The Eucharistic Prayer

The Lord be with you.
And with your spirit.
Lift up your hearts.
We lift them up to the Lord.
Let us give thanks to the Lord our God.
It is right and just.

*The Priest continues with the Preface and
concludes with the people, singing or saying aloud:*

Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of
the Lord.

Hosanna in the highest. *Kneel*

The Eucharistic Prayer continues until the priest says:

The mystery of faith.

*And the people continue, acclaiming one of the
following:*

We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.

Or:

When we eat this Bread and drink this Cup,
we proclaim your Death, O Lord,
until you come again.

Or:

Save us, Saviour of the world,
for by your Cross and Resurrection
you have set us free.

*The Priest concludes the Eucharistic Prayer
saying alone:*

Through him, and with him, and in him,
O God, almighty Father,
in the unity of the Holy Spirit,
all glory and honour is yours,
for ever and ever.

The people acclaim: Amen.

The Communion Rite

Stand

The Priest invites all to join in the Lord's Prayer:

**Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.**

The Priest continues alone:

Deliver us, Lord, we pray, from every evil,
graciously grant peace in our days,
that, by the help of your mercy,
we may be always free from sin
and safe from all distress,
as we await the blessed hope
and the coming of our Saviour, Jesus Christ.
**For the kingdom,
the power and the glory are yours
now and for ever.**

The Priest says:

Lord Jesus Christ,
who said to your Apostles:
Peace I leave you, my peace I give you,
look not on our sins,
but on the faith of your Church,
and graciously grant her peace and unity
in accordance with your will.
Who live and reign for ever and ever.
Amen.

The peace of the Lord be with you always.
And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.

The Priest takes the host and breaks it.

Meanwhile the people say or sing:

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
have mercy on us.**

**Lamb of God, you take away the sins of the world,
grant us peace.**

Kneel

The Priest shows the host to the people and says:
Behold the Lamb of God,
behold him who takes away the sins of the world.
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy
that you should enter under my roof,
but only say the word
and my soul shall be healed.**

*The Priest or other minister says to each
communicant:*

The Body [Blood] of Christ.

Each communicant answers: Amen.

Communion Antiphon

Ps 9: 2-3

**I will recount all your wonders,
I will rejoice in you and be glad,
and sing psalms to your name, O Most High.**

Prayer after Communion

Stand

Let us pray.
Grant, we pray, almighty God,
that we may experience the effects of the salvation
which is pledged to us by these mysteries.
Through Christ our Lord.
Amen.

THE CONCLUDING RITES

Announcements may be made. Then:

Blessing and Dismissal

Priest: The Lord be with you.

All: And with your spirit.

May almighty God bless you,
the Father, and the Son, ✠ and the Holy Spirit.
Amen.

Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

Thanks be to God.



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