

# THE JERUSALEM MASS SHEET

5th SUNDAY IN ORDINARY TIME (A) 5th February 2023

## THE INTRODUCTORY RITES

Entrance Antiphon or a hymn

*Stand*  
Ps 94:6-7

**O come, let us worship God  
and bow low before the God who made us,  
for he is the Lord our God.**

*All make the Sign of the Cross as the Priest says:*  
In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

*The Priest greets everyone present.*

*The people respond:* **And with your spirit.**

*The Mass of the day may be introduced.*

## Penitential Act

*The Priest invites the people to repentance  
using one of the Penitential Acts.*

Have mercy on us, O Lord.  
**For we have sinned against you.**

Show us, O Lord, your mercy.  
**And grant us your salvation.**

*The Priest says the absolution. All reply:* **Amen.**

Lord, have mercy. **Lord, have mercy.**  
Christ, have mercy. **Christ, have mercy.**  
Lord, have mercy. **Lord, have mercy.**

## The Gloria

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,  
have mercy on us;  
you take away the sins of the world,  
receive our prayer;  
you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Amen.**

## The Collect

Keep your family safe, O Lord, with unfailing care,  
that, relying solely on the hope of heavenly grace,  
they may be defended always by your  
protection.

Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the  
Holy Spirit,  
God, for ever and ever.

**Amen.**

*Sit*

## THE LITURGY OF THE WORD

### First Reading

A reading from the prophet Isaiah 58:7-10

Thus says the Lord:

Share your bread with the hungry,  
and shelter the homeless poor,  
clothe the man you see to be naked  
and turn not from your own kin.  
Then will your light shine like the dawn  
and your wound be quickly healed over.

Your integrity will go before you  
and the glory of the Lord behind you.  
Cry, and the Lord will answer;  
call, and he will say, 'I am here.'

If you do away with the yoke,  
the clenched fist, the wicked word,  
if you give your bread to the hungry,  
and relief to the oppressed,  
your light will rise in the darkness,  
and your shadows become like noon.

The word of the Lord.  
**Thanks be to God.**

### Psalm

Ps. 111:4-9. R.v4

**R) The good man is a light in the darkness  
for the upright.**

He is a light in the darkness for the upright:  
he is generous, merciful and just.  
The good man takes pity and lends,  
he conducts his affairs with honour. **(R)**

The just man will never waver:  
he will be remembered for ever.  
He has no fear of evil news;  
with a firm heart he trusts in the Lord. **(R)**

With a steadfast heart he will not fear;  
open-handed, he gives to the poor;  
his justice stands firm for ever.  
His head will be raised in glory. **(R)**



## Second Reading

A reading from the first letter of St Paul to the  
Corinthians 2:1-5

When I came to you, brothers, it was not with any show of oratory or philosophy, but simply to tell you what God had guaranteed. During my stay with you, the only knowledge I claimed to have was about Jesus, and only about him as the crucified Christ. Far from relying on any power of my own, I came among you in great 'fear and trembling' and in my speeches and the sermons that I gave, there were none of the arguments that belong to philosophy; only a demonstration of the power of the Spirit. And I did this so that your faith should not depend on human philosophy but on the power of God.

The word of the Lord.  
**Thanks be to God.**

## Gospel Acclamation

**Alleluia, alleluia!**  
**I am the light of the world, says the Lord,**  
**anyone who follows me**  
**will have the light of life.**  
**Alleluia!**

*Stand*

Jn 8:12

## Gospel

Matthew 5:13-16

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Matthew.  
**Glory to you, O Lord.**

Jesus said to his disciples: 'You are the salt of the earth. But if salt becomes tasteless, what can make it salty again? It is good for nothing, and can only be thrown out to be trampled underfoot by men.

'You are the light of the world. A city built on a hill-top cannot be hidden. No one lights a lamp to put it under a tub; they put it on the lamp-stand where it shines for everyone in the house. In the same way your light must shine in the sight of men, so that, seeing your good works, they may give the praise to your Father in heaven.'

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

## The Homily

*Sit*

## The Nicene Creed

**I believe in one God,**  
**the Father almighty,**  
**maker of heaven and earth,**  
**of all things visible and invisible.**

*Stand*

**I believe in one Lord Jesus Christ,**  
**the Only Begotten Son of God,**  
**born of the Father before all ages.**  
**God from God, Light from Light,**  
**true God from true God,**  
**begotten, not made,**  
**consubstantial with the Father;**  
**through him all things were made.**  
**For us men and for our salvation**  
**he came down from heaven,**  
**and by the Holy Spirit**  
**was incarnate of the Virgin Mary,**  
**and became man.**

*All bow*

**For our sake he was crucified under**  
**Pontius Pilate,**  
**he suffered death and was buried,**  
**and rose again on the third day**  
**in accordance with the Scriptures.**  
**He ascended into heaven**  
**and is seated at the right hand of the Father.**  
**He will come again in glory**  
**to judge the living and the dead**  
**and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord,**  
**the giver of life,**  
**who proceeds from the Father and the Son,**  
**who with the Father and the Son is adored**  
**and glorified,**  
**who has spoken through the prophets.**

**I believe in one, holy, catholic and**  
**apostolic Church.**  
**I confess one Baptism for the forgiveness**  
**of sins**  
**and I look forward to the resurrection**  
**of the dead**  
**and the life of the world to come. Amen.**

## The Prayer of the Faithful

*Response example:* Lord, in your mercy.  
**Hear our prayer.**

*After the concluding prayer all say:* **Amen.** *Sit*

## THE LITURGY OF THE EUCHARIST

*The offerings are brought to the altar.*  
*A hymn may be sung. If the Priest says the two*  
*prayers of offering aloud, the response both*  
*times is:*

**Blessed be God for ever.**

*The people rise as the Priest says:*  
Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

*The people reply:*  
**May the Lord accept the sacrifice**  
**at your hands**  
**for the praise and glory of his name,**  
**for our good**  
**and the good of all his holy Church.**



### Prayer over the Offerings

O Lord our God,  
who once established these created things  
to sustain us in our frailty,  
grant, we pray,  
that they may become for us now  
the Sacrament of eternal life.  
Through Christ our Lord.  
**Amen.**

### The Eucharistic Prayer

The Lord be with you.  
**And with your spirit.**

Lift up your hearts.  
**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right and just.**

### Preface II of the Sundays in Ordinary Time

The mystery of salvation  
*(The Priest may use a different Preface)*  
It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For out of compassion for the waywardness that  
is ours,  
he humbled himself and was born of the Virgin;  
by the passion of the Cross he freed us from  
unending death,  
and by rising from the dead he gave us life eternal.  
And so, with Angels and Archangels,  
with Thrones and Dominions,  
and with all the hosts and Powers of heaven,  
we sing the hymn of your glory,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.  
Heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the  
Lord.  
Hosanna in the highest.** *Kneel*

### Eucharistic Prayer II

*(The Priest may use a different Eucharistic Prayer.)*  
You are indeed Holy, O Lord,  
the fount of all holiness.  
Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them  
like the dewfall,  
so that they may become for us  
the Body and  $\times$  Blood of our Lord, Jesus Christ.  
At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,

and gave it to his disciples, saying:  
TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

*The people continue, acclaiming:*  
**Save us, Saviour of the world,  
for by your Cross and Resurrection,  
you have set us free.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.

Humbly we pray  
that, partaking of the Body and Blood of Christ,  
we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with N. our Pope and N. our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep  
in the hope of the resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.  
Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you  
throughout the ages,  
we may merit to be coheirs to eternal life,  
and may praise and glorify you  
through your Son, Jesus Christ.

Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever.

*The people acclaim: Amen*



**The Communion Rite** *Stand*

*The Priest invites all to join in the Lord's Prayer:*

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

*The Priest continues alone:*

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.  
**For the kingdom,  
the power and the glory are yours  
now and for ever.**

*The Priest says:*

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Deacon, or the Priest, adds:*

Let us offer each other the sign of peace.

*The Priest takes the host and breaks it.*

*Meanwhile the people say or sing:*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.** *Kneel*

*The Priest shows the host to the people and says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper  
of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*The Priest or other minister says to each  
communicant:* The Body [Blood] of Christ.

*Each communicant answers:* **Amen.**

**Communion Antiphon** *Cf. Ps 106:8-9*

**Let them thank the Lord for his mercy,  
his wonders for the children of men  
for he satisfies the thirsty soul,  
and the hungry he fills with good things.**

**Prayer after Communion** *Stand*

O God, who have willed that we be partakers  
in the one Bread and the one Chalice,  
grant us, we pray, so to live  
that, made one in Christ,  
we may joyfully bear fruit  
for the salvation of the world.  
Through Christ our Lord.  
**Amen.**

## THE CONCLUDING RITES

*Announcements may be made.* *Then:*

*Priest:* The Lord be with you.

*All:* **And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

*Then the Deacon, or the Priest, says:*

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

**Thanks be to God.**



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